**Hook Norton Harriers Covid-19 Risk Assessment v1**

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| **Date:** | **Assessed by:** | **Location:** | **Review:** |
| **25 Aug 20** | **Steve Frame** | **Outdoor training**  **sessions** | **As required** |

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| **Risk** | **Risk Description** | **Risk Rating** | **Controls** | **Risk Rating** | **Action by whom** | **Target Date** |
| Respiration of airborne particles from club members / public. | There is a risk of club members / public breathing in contaminated airborne droplets and developing Covid-19. | **H** | * Limiting the group runs to six, with all members maintaining social distancing protocols (2m) at all times. Members should be conscious of not breaking the 2m distancing whilst running. * If more than six members attend the training session, they should split into clear groups with a maximum of six in each group. * The group should either run different routes or stagger the start times. * The route for training, where possible, should try to reduce unnecessary interactions with other members of the public (MOP). * Limit the time at the start and end of the training event where the group (max 6) congregate and socialise. * All members **MUST** book onto Tuesday sessions prior to, or immediately after the session using <https://groups.runtogether.co.uk/HookNortonHarriers/Runs>   This is to aid with track and trace should a member become ill.   * Members should refrain from spitting at all times. * Runners must keep at least 2m away from MOP whilst training and should ensure they give MOP right of way. | M | All | 25 Aug 20 |
| Attendees may come into contact with contaminated surfaces. | There is a risk to Club members and the public of infection when touching hands to mouth, eyes & nose. | **M** | * Limit the number of surfaces touched. If gates need opening where possible have one person open and hold the gate for the whole group. * Limit the touching of your face. * Maintain good respiratory hygiene i.e. coughing into arm/clothing. * Ensure good personal hygiene at all times. Use of hand sanitizer/gloves and washing hands once able to do so. * Club members should not share drinks or food items. | **L** | All | 25 Aug 20 |
| Exposure whilst travelling to and from training. | Club members being exposed to respiratory particles in a vehicle. | **M** | * Members should be advised to travel to and from the session separately from others who are not part of their household. If members do car share all should wear face coverings. * Where possible members should run/walk or cycle to the session. | **L** | All | 25 Aug 20 |
| Lack of facilities. | Club members not having access to toilet facilities. | **M** | * Members are informed that toilet facilities and the club house are currently unavailable at the HNSSC as the area is out of bounds, and to bring hand sanitizer with them. | **L** | All | 25 Aug 20 |